



Updated: 1/7/22

MY CHILD IS EXPERIENCING ONE OF THE FOLLOWING SYMPTOMS*

Fever (100.4°F or higher), new onset of moderate to severe headache, shortness of breath, new cough, sore throat, vomiting, diarrhea, new loss of sense of taste or smell, fatigue from unknown cause, muscle or body aches from unknown cause.

Was a negative COVID test obtained?**

YES

NO

Stay home until symptoms have improved / resolved.

Has a doctor provided an alternative diagnosis for the symptoms?***

YES

NO

Stay home for 5***** calendar days. If you have no symptoms or your symptoms are resolving after 5 days, you may return to school as long as you wear a properly fitted mask.

MY CHILD TESTED POSITIVE FOR COVID

MY CHILD WAS A CLOSE CONTACT TO A POSITIVE COVID CASE*

Is your child experiencing potential COVID-related symptoms?**

YES

NO

Is your child vaccinated?

NO

YES

No need to quarantine

Option 1: Quarantine at home for 5***** days. If you have no symptoms after 5 days, you may return to school as long as you wear a properly fitted mask
Option 2**:** Remain in school and receive negative COVID test results on days 3 & 5 (mask wearing must be mandatory for the entire school in order to utilize this option)

Notes

* In all of these instances, be sure to contact your school's office to report your child's absence and receive direction on next steps.

** If your child was determined to be in close contact with a positive case or s/he exhibits a potential COVID-like symptom while at school, Highlands' nurses will have the ability to administer a COVID test at no charge to the family. (A COVID test will not be administered to a student while at school without parental permission.)

*** If your child has a medical condition that may result in recurring COVID-like symptoms, please work with your building nurse.

**** Option 2 (Test-to-Stay) is not an option for unvaccinated students when there is a positive case in their household.

***** Day zero is the first day of symptoms or the day the COVID test is administered if asymptomatic.