

Since 2000, Pillars Community Health's Buddy's Place childhood bereavement program has offered family-based support groups to children and teens ages 4-18 and their families who are grieving the death of someone significant in their lives. We are committed to providing a safe, accepting, and supportive environment where each family can come and express their grief and connect with others in a group setting.



There is no charge to attend the programs offered by Buddy's Place.

2022 Fall 8 Week Session

Buddy's Place offers an 8-week support group. While children and teens engage in goal-oriented activities that are age-appropriate, parents and caregivers participate in a group focused on understanding children's grief and how to better support the children.

The 2022 Fall 8 Week Session will begin on Tuesday, September 13th and conclude on Tuesday, November 1st, 2022. We will be meeting in Riverside, IL from 6:15-7:30 pm.

Monthly Gatherings

The Buddy's Place Monthly Gathering meets on the second Monday of each month (*except October) to work together on a creative, grief-related project. The Fall 2022 Monthly Gatherings will be held in Western Springs from 6:15 pm - 7:30 pm.

Upcoming Monthly Gatherings

Monday, September 12 Monday, October 17* Monday, November 14 Monday, December 12

Families can register for the Buddy's Place program (8 Week Session and/or Monthly Gatherings) by submitting the program registration form. For more information or to register please contact Michelle Halm at <u>buddysplace@pchcares.org</u> or visit <u>www.pillarscommunityhealth.org</u>

