

**MY CHILD IS EXPERIENCING ONE OF THE FOLLOWING SYMPTOMS\***

Fever (100.4°F or higher), new onset of moderate to severe headache, shortness of breath, new cough, sore throat, vomiting, diarrhea, new loss of sense of taste or smell, fatigue from unknown cause, muscle or body aches from unknown cause.

Was a negative COVID test obtained? \*\* YES NO

Stay home until symptoms have improved / resolved.

Has a doctor provided an alternative diagnosis for the symptoms? \*\*\* YES NO

Stay home at least 10 calendar days. (Symptoms must be resolved and no fever without the use of fever-reducing medicines for 24 hours.)

**MY CHILD TESTED POSITIVE FOR COVID or IS EXPERIENCING SYMPTOMS AND WAS A CLOSE CONTACT TO A POSITIVE CASE OF COVID\***

**MY CHILD WAS A CLOSE CONTACT TO A POSITIVE COVID CASE\***

Is your child vaccinated? YES NO

Is your child experiencing potential COVID-related symptoms? \*\* YES NO

No need to quarantine

- Option 1:** Quarantine at home for 14 days.
- Option 2:** Quarantine at home for 10 days (must be symptom-free for the entire quarantine)
- Option 3:** Quarantine at home for 7 days (must be symptom-free for the entire quarantine and receive a negative PCR COVID test on day 6)
- Option 4:** Remain in school and receive negative COVID test results on days 1, 3, 5 and 7 (mask wearing must be mandatory for the entire school in order to utilize this option)

**Notes**

- \* In all of these instances, be sure to contact your school's office to report your child's absence and receive direction on next steps.
- \*\* If your child was determined to be in close contact with a positive case or s/he exhibits a potential COVID-like symptom while at school, Highlands' nurses will have the ability to administer a COVID test at no charge to the family. (A COVID test will not be administered to a student while at school without parental permission.)
- \*\*\* If your child has a medical condition that may result in recurring COVID-like symptoms, please work with your building nurse.

